



NEWSLETTER



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May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 FESTIVAL ST. JOSEPH'S ROCKDALE	4	5	6	7	8	9
10 MOTHER'S DAY	11 MEETING CALDWELL 7:00 PM	12	13	14 FEAST OF THE ASCENSION	15	16 FESTIVAL ST. ANN'S SOMERVILLE
17 FALLOUT CALDWELL 10:00 AM	18	19	20	21	22	23
	25	26	27	28	29	30
31 FESTIVAL ST. JOSEPH'S DOME BOX						

NEWS

St. Joseph in Rockdale will be having their annual festival on Sunday, May 3. There will be something for everyone, including food, drinks and activities for the kids. You are invited to attend. Serving starts at 11:00 AM.

Our next meeting is in Caldwell, on Monday, May 11. Food will be served starting around 7:00 PM.

The fallout for May will be at St. Mary's in Caldwell on May 17, at the 10:00 Mass. Please be there by 9:30 AM.

St. Ann's has changed the date of their festival to Saturday, May 18. They will have the usual BBQ or Mexican plates, and plenty of stuff to do for the whole family. They will end with a dance from 8 to 12 PM, with music by the Crossroads band.

St Joseph's in Dime Box will have their festival on Sunday May 31. Lots of things available for everyone to do there as well.

A NOTE FROM THE EDITOR

Festivals everywhere this month. Just in time to put on a little extra weight from the good food being served. No problem though, I'm sure we will all sweat it off during the next three hot months. Can't wait for that 100 degree weather.

We had a good turnout and good weather for our Turkey shoot. Thanks to all that helped, to Josiah and Beverly for hosting it again, to Elroy Peters for being the judge, and supplying one of the prizes, and all who came to shoot. May God bless you all.

15 REASONS THAT DADS MATTER

St. Joseph is the [Patron of Fathers](#) and in honor St Joseph's Feast Day (March 19th), I thought it would be good to take some time to remind us all how important dads are. Check out these great dad facts! (*Teaser: I saved the most surprising fact for last!*)

1. Fathers' interaction with babies (engaging in cognitively stimulating activities, emotional warmth, physical care) reduced their infants' chances of experiencing cognitive delay
2. Children whose fathers are involved in rearing them ("sensitive and responsive fathering") fare better on cognitive tests and in language ability than those with less responsive or involved fathers.
3. Fathers who are involved in their children's schools and academic achievement, regardless of their own educational level, are increasing the chances their child will graduate from high school, and perhaps go to vocational school, or even to college.
4. A fathers' involvement in children's school activities protects at-risk children from failing or dropping out.
5. Positive father involvement decreased boys' problem behaviors (especially boys with more challenging temperaments) and better mental health for girls.
6. Fathers who are more involved with their children tend to raise children who experience more success in their career.
7. Fathers being involved in their children's lives protects against risk factors that pose harm for children (such as problematic behavior, maternal depression and family economic hardship).
8. Father involvement is associated with promoting children's social and language skills.
9. Involved fathering is related to lower rates of child problem behaviors, including hyperactivity, as well as reduced teen violence, delinquency, and other problems with the law.
10. Father involvement is associated with positive child characteristics such as increased: empathy, self-esteem, self-control, feelings of ability to achieve, psychological well-being, social competence, life skills, and less sex-stereotyped beliefs.
11. Children in foster care who have involved fathers are more likely to be reunited with their families and experience shorter stays in foster homes.
12. Children who grow up in homes with involved fathers are more likely to take an active and positive role in raising their own families. For example, fathers who recall a secure, loving relationship with both parents are more involved in the lives of their infants and more supportive to their wives.
13. Both men and women who remember having loving, supportive fathers had high life satisfaction and self-esteem.
14. Educational programs that successfully increased father involvement produced positive changes in children's behavior.
15. **Most importantly, when it comes to passing our faith and values on to our kids** it is critical for fathers to take the lead. When mom and dad are regular churchgoers, 33% of their children will be regular churchgoers and 41% will at least attend irregularly. **BUT SHOCKINGLY WHEN DAD ALONE IS A CHURCHGOER, FAITH RETENTION RATE ARE EVEN HIGHER!** It turns out 38% of children with irregular churchgoing mothers but active fathers grow up to attend church regularly and 44% of children with non-active churchgoing moms but faithful dads grow up to go to church regularly.

Obviously that doesn't mean moms shouldn't go to church with their families, but it does mean that the more committed and active dads are, the more likely it is that the children will follow his lead with regard to faith and values even when mom isn't involved. **By contrast, if the father is an irregular churchgoer** and the mother regular, *only 3 percent of the children will subsequently become regulars themselves*, while a further 59 percent will become irregulars. Thirty-eight percent will be lost. **LIKEWISE if the father is non-practicing** and mother regular, *only 2 percent of children will become regular worshipers*, and 37 percent will attend irregularly. Over 60 percent of their children will be lost completely to the church!

The bottom line? Dads matter. A lot. For more thoughts on ways to be a great, involved, faithful dad, check out [Parenting with Grace](#) (especially our "Dad's Da Man!" chapter) and [Then Comes Baby](#) (especially our chapters on involved fatherhood). And Happy Feast of St. Joseph!

(Facts gathered from: Bronte-Tinkew et al., 2008; Chang et al., 2008; Flouri, 2008; Lamb & Lewis, 2004; Lamb & Tamis-Lemonda, 2004; Pleck & Masciadrelli, 2004; Sarkadi et al., 2008; Haug & Warner, 2000)

Read more: <http://www.patheos.com/blogs/faithonthecouch/2015/03/on-st-josephs-feast-day-15-reasons-dads-matter-15-will-shock-you/#ixzz3Ur4oMnYu>

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